

10A NCAC 28G .0110 THERAPEUTIC HOLD

- (a) No physical restraint shall be employed beyond the use of the therapeutic hold.
- (b) Therapeutic hold shall under no circumstances be used as a punishment.
- (c) Therapeutic hold shall be employed only after less restrictive measures have failed to provide safety to the child and others.
- (d) Therapeutic hold shall under no circumstances be used in lieu of developing an intervention program designed to change the behavior necessitating therapeutic hold.
- (e) Records on the use of therapeutic hold shall be filed in the master record.
- (f) Only staff persons trained in the use of the therapeutic hold may use this treatment technique. Only training provided by the program director shall be approved.

History Note: Authority G.S. 122C-60; 122C-62; 143B-147;
Eff. March 24, 1981;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. August 24,
2019.